



T.A.G.B.
TAE KWON-DO

South West of England TAE KWON-DO Championships

Saturday 25th February 2012

@

Salisbury Leisure Centre

The Butts

Hulse Road

Salisbury

SP1 3NR

For Full Details Contact Your TAGB School Instructor



ADULT SPARRING

BLACK BELT MALE CONTINUOUS SPARRING

Lightweight	-	Up to and including 64 kilo`s
Welterweight	-	Over 64 kilo`s up to and including 72 kilo`s
Middleweight	-	Above 72 kilo`s up to and including 80 kilo`s
Heavyweight	-	Over 80 kilo`s

BLACK BELT LADIES CONTINUOUS SPARRING

Lightweight	-	Up to and including 56 kilo`s
Middleweight	-	Above 56 kilo`s up to and including 60 kilo`s
Heavyweight	-	Over 60 kilo`s

MALE RED & BLUE BELT (SEPARATE DIVISIONS) CONTINUOUS SPARRING

Lightweight	-	Up to and including 64 kilo`s
Welterweight	-	Over 64 kilo`s up to and including 72 kilo`s
Middleweight	-	Above 72 kilo`s up to and including 80 kilo`s
Heavyweight	-	Over 80 kilo`s

LADIES RED & BLUE BELT (SEPARATE DIVISIONS) CONTINUOUS SPARRING

Lightweight	-	Up to and including 56 kilo`s
Middleweight	-	Above 56 kilo`s up to and including 60 kilo`s
Heavyweight	-	Over 60 kilo`s

MALE GREEN AND YELLOW BELT (SEPARATE DIVISIONS) POINT STOP

Lightweight	-	Up to and including 64 kilo`s
Welterweight	-	Over 64 kilo`s up to and including 72 kilo`s
Middleweight	-	Above 72 kilo`s up to and including 80 kilo`s
Heavyweight	-	Over 80 kilo`s

LADIES GREEN AND YELLOW BELT (SEPARATE DIVISIONS) POINT STOP

Lightweight	-	Up to and including 56 kilo`s
Middleweight	-	Above 56 kilo`s up to and including 60 kilo`s
Heavyweight	-	Over 60 kilo`s

BOYS AND GIRLS

BLACK BELT (SEPARATE DIVISIONS) POINT STOP

Pee Wee	-	Up to and including 4`6"
Lightweight	-	Above 4`6" up to and including 5`
Middleweight	-	Above 5` up to and including 5`6"
Heavyweight	-	Over 5`6"

RED AND BLUE BELT (SEPARATE DIVISIONS) POINT STOP

Pee Wee	-	Up to and including 4`6"
Lightweight	-	Above 4`6" up to and including 5`
Middleweight	-	Above 5` up to and including 5`6"
Heavyweight	-	Over 5`6"

GREEN AND YELLOW (SEPARATE DIVISIONS) POINT STOP

Pee Wee	-	Up to and including 4`6"
Lightweight	-	Above 4`6" up to and including 5`
Middleweight	-	Above 5` up to and including 5`6"
Heavyweight	-	Over 5`6"

ADULT PATTERNS

BLACK BELTS

1 st DANS	Any pattern of grade including Choong Moo.
2 nd DAN & ABOVE	Any pattern of grade.
RED BELTS	Choong Moo, Hwa Rang or Toi Gye.
BLUE BELTS	Toi Gye, Joong Gun or Yul Gok
GREEN BELTS	Yul Gok, Won Hyo or Do San.
YELLOW BELTS	Do San, Dan Gun or Chon Ji.

JUNIOR PATTERNS

BLACK BELTS (All Dan grades together)	Any Black Belt pattern up to grade (including Choong Moo)
RED BELTS	Choong Moo, Hwa Rang or Toi Gye.
BLUE BELTS	Toi Gye, Joong Gun or Yul Gok
GREEN BELTS	Yul Gok, Won Hyo or Do San.
YELLOW BELTS	Do San, Dan Gun or Chon Ji.

DIVISIONS & RULES FOR THE TAG TEAM EVENT.

Teams will consist of 3 competitors, bouts will last for 4 minutes the team with the most points will be the winner. Each time the bout is stopped you can change with a member of your team by tagging you team members glove. All 3 members must fight at some stage during the bout. All matches will be point stop.

Divisions in Tag Team sparring.

MENS : 3 person team. YELLOW-GREEN-BLUE Belts together. No weights.
 3 person team. RED-BLACK Belts. No Weights.

WOMEN: 3 person team. YELLOW-GREEN-BLUE Belts together. No weights.
 3 person team. RED-BLACK Belts. No Weights

*******BOYS & GIRLS SEPARATE TEAMS*******

JUNIORS: YELLOW-GREEN-BLUE Belts together.
 3 person team. Peewee/Light.
 3 person team. Middle/Heavy.

RED-BLACK Belts together.
 3 person team. Peewee/Light.
 3 person team. Middle/Heavy

Teams to register and pay on the day.

All teams £15 per team

DESTRUCTION

ADULT BLACK BELT ONLY

HAND

MALE PALM HEEL STRIKE

FEMALE ELBOW STRIKE

FOOT

MALE REAR LEG REVERSE SIDE KICK (NO STEPOVER)

FEMALE ANY STANDING REAR LEG KICK

COMPETITORS MAY ONLY ENTER ONE EVENT HAND OR FOOT NOT BOTH

Students Guide To Entering TAGB Competitions

BEFORE ENTERING:-

Please make sure that:-

- You have a current T.A.G.B. / B.T.C. Licence.
- You are training regularly and understand what is expected of you.
- You are wearing a White TAGB suit, a current TAGB 'National' suit or a TAGB Tiger suit.
- You have a full set of TAGB sparring equipment. (i.e. boots, shin guards, groin guards (for men and boys) gloves, headguard and gum shield).
- You have transport to the venue and you arrive on time.

HOW TO ENTER: -

Competitors

All competitors, juniors or adults, whether competing in sparring or patterns or both, must complete a competition entry form. The forms can be obtained from your instructor, and must be completed as requested and handed over to your instructor before the closing date stated on the competition information or announced in your class.

PRICES

COMPETITORS (Adults & Juniors)	£12 per event	Make sure you are the correct grade as stated on your entry form.
SPECTATORS	£8	ENTRY FEES ARE NON REFUNDABLE

JUNIORS (under 16)

Make sure you are the correct height for your division. You will be height tested on the day and if you are not in the correct height division you will be disqualified from that division.

SPECTATORS

You may purchase a ticket from your instructor on request, or you may pay on the door at the competition. There will be a separate queue for spectators. All spectators who purchased a ticket beforehand will generally be allowed into the competition hall before those who are paying on the day.

ON THE DAY OF THE COMPETITION

NO SPECTATORS ARE ALLOWED AROUND THE COMPETITION AREAS – THEY MUST BE SEATED IN THE SEATS PROVIDED, OR THEY MAY BE ASKED TO LEAVE THE HALL.

- The competition will start with the patterns events, first with the juniors and some designated cadet and adult divisions.
- Each competition area will be allocated with an area number that will be indicated by the number on the tablecloth and a numbered signpost. There will also be a coloured sign, signifying the belt colour and category of the current division, situated underneath the numbered signpost at head high level.
- Listen out for an announcement of the start of your division on an allocated area over the Public Address System. (You can also check the running order, which may be displayed on a plasma screen somewhere in the hall, when available.)
- All juniors will be height tested before the sparring competition starts at an allocated area (i.e. all yellow belt boys, all heights).
- All cadets & adults will be weighed in before they spar at the allocated area for that division.

Failure to be height tested / weighed in will result in a competitor not being entered for the sparring event
(if they are competing in the sparring event).

**You must make sure that you are in the right competition area at the right time.
If you are unsure, then you must ask your instructor or an official.**

SOUTH WEST - COMPETITION ENTRY FORM

(Filled in by the student, KEPT by the Instructor

JUNIORS UPTO AND INCLUDING 15 YEARS

SENIORS

TAGB SCHOOL..... INSTRUCTOR.....

16 YEARS AND ABOVE

LICENCE No.....EXPIRY DATE.....ID No.....

SURNAME..... INITIAL.....

STATUS <input type="text"/>	DIVISION <input type="text"/>	WEIGHT <input type="text"/>
ENTER IN THE BOX ABOVE	ENTER IN THE BOX ABOVE	ENTER IN THE BOX ABOVE
B for BOYS G for GIRLS M for MEN L for LADIES	YE for YELLOW GR for GREEN BU for BLUE RE for RED BK for BLACK	P for PEEWEE L for LIGHT W for WELTER M for MIDDLE H for HEAVY

PATTERNS (ENTER P) <input type="text"/>	DESTRUCTION:BLACK BELTS ONLY <input type="text"/>
ENTER: H FOR HAND or F FOR FOOT NOT BOTH	

Declaration
I understand that there is an inherent risk of physical injury in the practice and learning of a contact sport such as Tae Kwon-Do. Whilst the TAGB and Association schools and Instructors will take all reasonable steps to minimise the likelihood of an accident, the risk of physical injury cannot be eliminated. There is particular risk in the context of competitions and grading exercises which by their nature are likely to result in an individual approaching and potentially exceeding the limits of their skills and physical ability. The acceptance of an individual's application to participate in a competition or to undertake a grading exercise does not constitute and should not be considered as constituting any form of confirmation or assurance by the TAGB or any Association School or Instructor to the effect that individual has the necessary skill or physical ability to safely complete such competition or grading exercise, it being the individual's sole responsibility to judge such matters for themselves. If an individual has any doubt whatsoever as to their ability to safely complete any exercise in the context of a competition, grading exercise or otherwise, it is the responsibility of the individual to withdraw from the same. The TAGB, and Association schools and Instructors accept no liability for injuries sustained in the course of practicing and learning of Tae Kwon-Do save for injuries attributed to negligence of the TAGB, and Association schools and Instructors. Insurance in respect of such risks is included in your annual membership. In signing this declaration I accept the above recited disclaimer of liability and also agree to abide by the rules of the TAGB as amended from time to time should I be accepted as a participant of this competition.

I clearly understand that my participation in the event is entirely at my own risk,
I certify that the facts stated are correct and I am fit to take part in the event.
COMPETITORS SIGNATURE.....
PARENTS SIGNATURE.....
CLUB INSTRUCTORS SIGNATURE.....
(Tick the box to confirm that the above information is correct before entering onto competition listing)

CATEGORY	WEIGHTS	DIVISION	CODE
JUNIORS	above 4'0" to & inc 4'6"	PEE WEE	P
JUNIORS	above 4'6" to & inc 5'	LIGHTWEIGHT	L
JUNIORS	above 5' to & inc 5'6"	MIDDLEWEIGHT	M
JUNIORS	above 5'6"	HEAVYWEIGHT	H
LADIES COLOUR	up to & inc 56kg	LIGHTWEIGHT	L
LADIES COLOUR	above 56kg to & inc 60kg.	MIDDLEWEIGHT	M
LADIES COLOUR	above 60kg	HEAVY WEIGHT	H
LADIES BLACK	up to & inc 56kg	LIGHTWEIGHT	L
LADIES BLACK	above 56kg to & inc 60kg	MIDDLEWEIGHT	M
LADIES BLACK	above 60kg	HEAVYWEIGHT	H
MENS BLACK	up to & inc 64kg	LIGHTWEIGHT	L
MENS BLACK	above 64kg to & inc 72kg	WELTERWEIGHT	W
MENS BLACK	above 72kg to & inc 80kg	MIDDLEWEIGHT	M
MENS BLACK	above 80kg	HEAVYWEIGHT	H
MENS COLOUR	up to & inc 64kg	LIGHTWEIGHT	L
MENS COLOUR	above 64kg to & inc 72kg	WELTERWEIGHT	W
MENS COLOUR	above 72kg to & inc 80kg	MIDDLEWEIGHT	M
MENS COLOUR	above 80kg	HEAVYWEIGHT	H